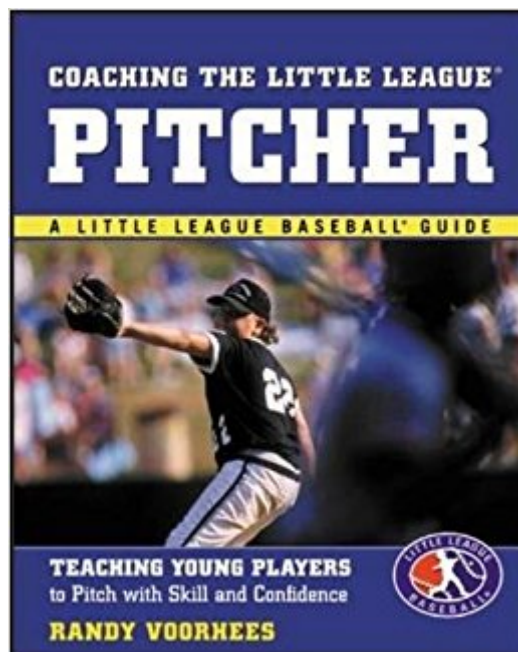




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# Coaching The Little League Pitcher : Teaching Young Players To Pitch With Skill And Confidence



## Synopsis

The authoritative sourcebooks for parents, players, and coaches Baseball is a complicated game to learn, particularly for a 9- to 12-year-old's attention span. Bewildered managers, coaches, and parents of the more than 2.5 million Little League Baseball® players need all the help they can get. Filled with fun and easy-to-follow instructions and advice on teaching the fundamentals of baseball, the bestselling Little League Baseball® series is sure to score with coaches and kids alike. **COACHING THE LITTLE LEAGUE® PITCHER** This book provides Little League coaches and parents with valuable information on how to help their pitchers improve, covering everything from the kinds of pitches and the strategic aspects of pitching to tips for keeping players healthy and fit.

## Book Information

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## Customer Reviews

Teach your pitchers how to be a hitter's worst nightmare! Rule #1: Good pitching beats good hitting. Rule #2: Practice makes perfect. And rule #3: A fair pitcher can become a great pitcher with proper training. Teach your Little League pitchers with the help of Coaching the Little League Pitcher. In Little League baseball, everything rides on how well the pitcher performs. A pitcher who consistently throws strikes not only dominates the game but also enhances the enjoyment of all players on the team. Loaded with instructive photographs to illustrate the art and science of proper pitching, Coaching the Little League Pitcher details how to identify the most qualified pitching candidates on your team and the best ways to develop their burgeoning skills so that your entire team will benefit from their performance. Written to provide all Little Leaguers and their families with a rewarding

experience on and off the diamond, Coaching the Little League Pitcher covers: Why a pitcher with a competitive spirit is more likely to succeed The four cornerstones to great pitching How to pitch a better game from the set position Dozens of pitching drills to practice on the field How to take care of that precious pitching arm Mastering the two- and four-seam fastball How to make strikes look like balls and balls look like strikes And much more Your team will only go as far as your pitchers can take you. Help them master their pitching mechanics with Coaching the Little League Pitcher.

Randy Voorhees is the pitching coach for Mercer County Community College in Trenton, New Jersey, and a scout associate for the New York Mets. He is the author or editor of nine books.

When my son turned 9, and was going into kid-pitch for the first time, he thought he wanted to be a pitcher. What did I know about pitching? Not much. Randy Voorhees...if you read this...thank you. This book let me turn a scrawny kid into not just a pitcher, but a closer. The drills in the book are simple to follow, and backed by intelligent explanations of WHY they work. By breaking the pitching motion down into a series of simple, understandable steps, my son and I worked together to build a delivery that focused on accuracy and control, not brute power and speed. By the middle of his second season in kid pitch, he knew if he got the nod in the 4th inning, that it was his job to hold the lead...and he never failed. By learning to have control and accuracy, my son never worried about his ability...he simply learned to focus on each pitch, one at a time. He learned that with only modest speed and good movement on his pitches, he could beat 85% of the hitters on strikes, 10% on contact ground balls and pop-ups, and 5% of the kids were going to make good contact NO MATTER WHAT...and that's what fielders are for. Why so much about my kid? Well, there's no better testimonial about a book than the great results achieved by following the advice therein. Randy Voorhees...my son and I thank you for two great years in kid pitch, and two "World Series" trophies on my son's wall as proof of your program.

Very helpful

Great tips for introducing youth to pitching!

Couldn't put it down. Read it in 1 day. Lots of good ideas.

Great book!

I've been coaching little league baseball for about three years. When my son was old enough to move up to the pitching level, I purchased this book so I could teach the basics to those that wanted to pitch. I found the book very good for starting out new pitchers.

Very good book for any coach of young players. Breaks down the steps to teaching a young pitcher so the coach can understand and relay the information to the player.

I was very pleased with this book. I coach little league baseball, and this year am moving up from coach pitch to kid pitch and wanted some help for coaching my new pitchers. I found this book to be easy to understand, and packed with plenty of useful information. I have been playing baseball for 30 years, and learned a few things that I never knew about pitching in this book. I would strongly recommend this book to other little league coaches and parents.

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